

Thank you for entrusting me with your curls! Achieving healthy curls is a journey, and you're on the right track. My biggest suggestion is to be patient with yourself. Strive for progress, not perfection – every curl counts. Let's get into the details!

Here are a few helpful tips:

SLEEPING:

Use mini claw clips to clip your hair up at your part, section by section, maintaining its natural shape. Sleep with a satin pillowcase. If your hair is short, use a satin sleep cap in addition to the satin pillowcase.

WEARING YOUR HAIR UP:

Casual or working out – the choice is yours! Whether you choose a tension-less hair tie, scrunchie, or clip, try to mimic how your hand holds your hair naturally. Avoid creating tension or raking through your curls before styling. Consider how your hair will look when you remove the clip or hair tie. Will it have a dent or be frizzy? If the answer is yes, avoid that method.

MAINTENANCE:

I suggest a maintenance curly cut three months after your first cut. After that, the suggested maintenance for a curly cut is once every three to six months – that's right, potentially just twice a year for great curls!

IMPORTANT REMINDERS:

My biggest suggestion is to be patient with yourself and your progress. Switching your products and the way you apply them can create a big difference in the texture of your hair, even if the change happens gradually.

I recommend coming in for a diffuse after you've tried it yourself at home. This will allow us to go over any specific questions you have. A diffuse starts at \$50 and takes anywhere from 45 to 60 minutes.

Also available: Step-by-step product application instructions with the purchase of the products we used.

If you have any further questions, please contact me via Instagram at @hairbychelseafeaster. I'm happy to answer any questions!

